



FEDERAÇÃO
PORTUGUESA
DE CICLISMO



SPECIFIC REGULATION



2019

União Velocipédica Portuguesa - Federação Portuguesa de Ciclismo
Rua de Campolide, 237 · 1070-030 LISBOA · PORTUGAL
Tel. (+351) 213 802 140 · Fax (+351) 213 802 149
e-mail: geral@fpcciclismo.pt · www.fpciclismo.pt



1. INTRODUCTION

1.1. The Algarve Granfondo Cofidis 2019 is categorized as Granfondo according to the general regulation of the national program “ciclismo para todos” (cycling for everyone). It is defined as an open long-distance race with a single stage and a simultaneous departure in peloton, free pace in 95% of the itinerary, time limit, and a non-official classification. The rules of the Traffic Code and its specific regulation must be obeyed. This Granfondo is included in the activity program of the Volta ao Algarve em Bicicleta. This sports event does not have competitive purposes. It is a recreational event of tourist, culture and social interest.

1.1.2. The official departure of Algarve Granfondo 5th edition will be at **09:30am** on **February 24th, 2019** in Praça da República, Loulé. Granfondo itinerary will be about 110 km long and Mediodfondo itinerary about 60 km long. BOXES will be open from **08:30am** to **09:15am**; the control point at the finish or arrival will close at **03:30pm**. During the first 3 km after departure, pace will be controlled and then pace will be free.

1.2. This Grandfondo is included in the international calendar and it is organized by the Portuguese Cycling Federation. The participants will be ranked as follows:

1.2.1. Individual Classification by Time

1.2.2. Individual Classification by Order of Arrival

1.2.3. Awarding money prize(s) or gifts according to the time obtained, covered distance or order of arrival.

1.3. Participation in the Algarve Granfondo Cofidis is allowed to athletes with a sports competition license, to federated athletes included in the “Ciclismo Para Todos” program, and also to non-federated athletes with Portuguese or other nationality and, for the Granfondo, aged 19 years or over (in the 2019 season we consider athletes born until 2000, inclusive) and, for the Mediodfondo, aged 17 years or over (in the 2019 season we consider athletes born until 2002, inclusive).

1.4. Guests, professional athletes and other sports agents can only participate upon organization committee’s invitation. The participants with a guest status will not be part of the classification by time nor will they receive any prize.

2. CATEGORIES AND PARTICIPATION

2.1. The following categories are defined:

Athletes with a competition license, in “Ciclismo Para Todos” (CPT) program and others	Age	Body number	
		Color	Ranked by
GRANFONDO	≥19	Red	Payment order date
MEDIOFONDO	≥17	White	Payment order date

2.2. All athletes must race in the itinerary in which they have registered.

2.3. The non-federated athletes under 18 have to provide an authorization statement from their parents or guardians to participate in the race.

2.4. Athletes can wear an outfit of their choosing. Nudity, flip flops/ sandals, and other accessories that compromise the safety of the participants are not allowed.

2.5. The use of an approved cycling helmet is mandatory. Those who fail to comply with this rule will be immediately retired from the race.

2.6. The participation in this race is voluntary and the sole responsibility of each participant, who bears all the risks related to their participation (without prejudice of being covered by a specific insurance policy).

2.7. In order to participate, athletes in the Competition or “Ciclismo Para Todos” (CPT) classes must have their federation license renewed with the Portuguese Cycling Federation. Otherwise, the Organization Committee warrants an insurance against personal accidents and Civil Responsibility, covering what is legally required. These policies will cover all participants.

Insurance Company	[To Be Determined]
Policy No (Personal Accidents)	[To Be Determined]
Policy No (Civil Responsibility)	[To Be Determined]
Policyholder	[To Be Determined]

2.8. Athletes currently complying with sanctions applied by their Federations, due to the use of doping substances, are not allowed to participate in this race.

2.9. In this race, only the use of two-wheeled vehicles (road bicycles, mountain bicycles, tandems) and para-bicycles without any kind of motorization are allowed.

3. RACE AND ITINERARY

3.1. The Race will have a total length of about 110 km and 2200m climbing in Granfondo itinerary and a total length of 60 km and 1100m climbing in Mediodfondo itinerary. It will be run as follows:



3.1.1. Departure will be set to everyone at the same time, with a pace controlled by a vehicle driving in front of the peloton at a speed of about 25km/hour.

3.1.2. After about 3 km, the race will be run at a free pace.

3.1.3. The time limit for finishing this race is 6 (six) hours.

4. ENTRIES

4.1. Entries are limited to 2000 participants in total of both distances. Up to 100 entries may be added as Organization Committee's invitations.

4.2. Entries will be directly submitted on www.prozis.pt website until 11:59pm on 21.02.2019 or until the maximum number of participants is reached. The chronological order of electronic entries will be considered.

4.3. Documentation, including the bicycle front plate, can be picked up at the registration desk situated in Convento do Espírito Santo, in Loulé, from 05:00pm to 11:00pm on February 23rd and from 07:00am to 09:00am on February 24th.

To pick up the documentation at the registration desk, it is mandatory to provide the statement of responsibility duly signed, an identity document (Identity Card or Citizen Card), and the federation license duly renewed, if applicable. The documentation may be picked up by another person if such person provides the original, or copies with data perfectly legible, of the documents mentioned (identity card, federation license) of the athlete in question as well as the statement of responsibility duly signed by that same athlete.

4.4. No entry will be validated after 00:00am on 22.02.2019.

5. FEES

5.1. The participation in the race is subject to the following registration fees:

PHASES AND PAYMENT METHODS:

1st Entry Phase – Until December 31st

25.00€ (UVP-FPC federated athletes)

30.00€ (UVP-FPC non-federated athletes)

2nd Entry Phase – January 1st to February 29th, 2019

30.00€ (UVP-FPC federated athletes)

35.00€ (UVP-FPC non-federated athletes)

It includes:

Access to Mediofondo or Granfondo feed-zones

Body number

Front plate

Insurance

Official gifts

Showers

Finisher Medal

Buffet Lunch

5.2. After submitting their entry, athletes will receive a code reference ("referência multibanco") to proceed to payment. If registering as a 2019 federated athlete and failing to prove it when picking up the participation kit, the athlete will have to pay the additional **€5.00**.

6. ASSIGNMENT AND USE OF BODY NUMBERS

6.1. Each athlete will participate with the number provided by the Organization, which will be sequentially set after the fee payment is confirmed.

6.2. All participants should put the front plate on the bicycle in the correct position up front on the handlebar in a way that the whole plate is visible. Those who do not comply with this rule will be retired from the Race and they will be considered out of the organization. It is strictly prohibited to alter the graphic contents included in the bicycle front plate or add any type of message or image, whether it has an advertising nature or not.

6.3. The chip should not be withdrawn nor altered its initial position.

7. CLASSIFICATIONS AND PRIZE AWARDING

7.1. The Race will have a general classification (in MEN and WOMEN categories).

7.2. The three best classified (in MEN and WOMEN categories) will be awarded a Trophy.

7.3. Participating in the award ceremonies is mandatory. If an athlete is absence, he/she will lose the right to the prize and may face disciplinary sanctions, except if the absence is duly justified by the athletes and accepted by the organizer. Other prizes and gifts may be awarded.

8. RACE DYNAMICS

8.1. The race will be run on **ROADS OPEN TO THE PUBLIC**. All participants must respect strictly the traffic rules included in the Traffic Code, taking special attention to the right-hand drive compulsory requirement and respect the priority at crossroads. Those who do not comply with such rules will be immediately retired from the race and will be prevented to participate in future editions. When picking up the documentation, each participant has to provide a statement, as set by the organization committee, duly signed by the athlete, where it is stated that the athlete understands and accepts the related risks of participating in a race open to traffic. In this statement, athletes exempt to hold the organization responsible for any accident in this race for which they were responsible. However, all participants are covered by insurance: the federation insurance or the race's insurance.

8.2. IT IS MANDATORY to respect the instructions provided by police forces in the places where Algarve Granfondo itinerary coincides with the 5th stage of 45th Volta ao Algarve itinerary.

8.3. It is strictly forbidden to provide assistance to athletes with vehicles not authorized by the organization. It is also forbidden the circulation of accompanying vehicles amidst the cyclists in the race. The organization committee will provide information with the recommended places where supporters can watch and cheer the cyclists. The security forces of the race will prevent the circulation of assistance vehicles amidst the cyclists, ensuring compliance of the Traffic Code.

8.4. The security forces of the race will be composed of members of local GNR and Road Traffic Brigade, which will ensure compliance of the traffic rules by all involved in the race and by other vehicles circulating on the road.

8.5. The timing of each athlete will be controlled by chips. The use of the chip is mandatory and each athlete must comply with the rules of its correct positioning and use. If an athlete does not use the chip or uses it incorrectly, his/her timing will not be registered by the organization's control points. This will lead to the disqualification of the athlete. Thus, the athlete will not be considered for the individual classification by time and he/she will lose his/her right to acquire the participation diploma. The passage control points and timing control points are situated at departure, finish, and other locations along the race's itinerary. The official timing will be the timing at the finish, not the timing set by the chip.

8.6. In order to ensure the integrity and security of the athletes, control points are set along the way to provide time limits.

Athletes arriving at these control points after the corresponding time limit will be forced to drop out and they will be taken to the finishing line by the broom wagon.

Participants arriving at the mentioned locations after the indicated time or racing in Granfondo itinerary at an average speed below **22 km/hour** will be prevented to proceed and can opt to be taken by the organization staff.

Participants who choose to proceed by themselves will be forced to hand over the bicycle front plate at the control point or to an organization staff member and will be considered out of the race, thus, being at their own risk and peril from that point onwards.

8.6.1. The control point situated at the 2nd feed-zone will be closed at 11:30am for Granfondo and 12:00pm for Mediofondo.

8.6.2. The control point situated at the 3rd feed-zone will be closed at 02:00pm for Granfondo.

8.7. The athletes who drop out during the race should announce it to an organization staff member personally or by phone. If an athlete is considered missing, search-and-rescue will be triggered. Thus, if an athlete fails to announce his/her drop out he/she will be held responsible for paying the search-and-rescue costs. In addition, he/she will be sanctioned by being forbidden to participate in future editions of the race.

8.8. Athletes must respect strictly the timetable, namely the departure time, making sure they depart before the broom wagon. Otherwise, they will be considered out of the race and at their own risk and peril.

The departure control point (km 0) will be closed at 09:15am.

8.9. The organization will provide medical assistance through several mobile medical teams and emergency ambulances. When in need, the participants should request help to the organization staff members.



8.10. The organization will provide mechanical assistance along the way to solve possible mechanical problems related to this race. In the case of mechanical malfunction, the service will be free of charge, but replacement parts will be charged to athletes. Puncture repairs are excluded from the mechanical support ensured by the assistance teams. The mechanical assistance will be ensured by mobile teams which will move along the course. However, it is possible that assistance teams fail to help all those who need it due to the way the race is been run and due to possible difficulties in positioning. Although this mechanical assistance is in place, athletes are still responsible to duly prepare their bicycles, ensuring that they are in the best conditions when the race starts. The organization will not be held responsible for a drop out due to lack of assistance.

8.11. During the race, athletes must guarantee that they carry with them enough food and drinks to reestablish the levels of nourishment and water in the body. However, feed-zones will be situated in locations to be disclosed before the start of the race where food and drinks will be provided.

8.12. During the race, for security reasons, athletes are forbidden to use headphones as accessory of devices to listen to music or of mobile phones.

8.13. The organization committee has the right to change the course and the running of the race if any reason arises to justify it without having to compensate the participants for such matter.

9. ECO RESPONSIBILITY

9.1. Participants are required to have a responsible behavior regarding the cleaning and preservation of the environment in all areas included in the race itinerary from start to finish and along the course of the race. It is forbidden to throw garbage to the ground before, during and after the race. Participants are responsible to keep with themselves used packages of food and drinks when feeding themselves during the race. In the last feed-zones there will be waste bins available where athletes can drop the garbage kept during the race. If athletes fail to comply with this rule they will be retired from the race.

10.1. The following participants will be sanctioned:

10.1.1. Those who do not comply with the rules of the Traffic Code, given the roads are open to the public.

10.1.2. Those who do not follow the orders and instructions given by the police forces and by the organization staff members.

10.1.3. Those who do not pass by the departure control point, the finish control point and the other control points along the course.

10.1.4. Those who throw garbage to the ground or damage the road or other zones included in the race.

10.1.5. Those who have or are assisted by a personal vehicle, which circulates in the race and disturbs the pace of the other cyclists.

10.1.6. Those who show anti-sports behaviors, using improper means to take advantage in the final timing.

10.1.7. Those who show behaviors that hinder the smooth running of the race and do not comply with this regulation.

10.1.8. Those who fail to announce their drop out to the organization.

Sanctions that may be applied:

To be retired from the race, with no right to be included in the final classification or receive the diploma.

To be included in the sanctioned athletes list, that will be published after the race.

To be prevented to participate in future editions of the race.

Other sanctions imposed by the police authorities responsible for the race security, if they detect any infringement.

10.2. Infringements to this regulation can be detected and reported by the organization staff members or by the authority agents of the race. The Race Jury will have the final decision about which sanctions to apply to the athletes in question.

11. IMAGE RIGHTS

11.1. When submitting their entry and, therefore, accepting this regulation, participants must also authorize the fully or partially recording of his/her participation, made by the organization. These images may be used freely to advertise and promote the event in different ways (television, radio, press, internet, billboards, cards and flyers, photographs and videos). Thus, participants assign all image rights for commercial and advertise use, with no right to receive an economic compensation from the organization.



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12. DATA PROTECTION

12.1. The Algarve Granfondo Cofidis organization fully respects the data protection law, currently in force. Athletes understand and authorize that their personal data is introduced and handled by the organization for development, administrative management and commercial purposes, among others purposes. However, the privacy policy provides that any athlete may request the change or removal of his/her data by sending an email to algarve@fpciclismo.pt

13. OTHERS

13.1. The organization will not be held responsible for any loss or damage affecting the participants' bicycles or equipment. The participants exempt the organization of any responsibility for lost or damage of personal belongings in any circumstance.

13.2. The organization committee may be forced to cancel or postpone the race for reasons of force majeure. Under this circumstance, the organization committee cannot be held responsible and is not obliged to compensate economically or in any other way the athletes or any other person or entity for this matter.

13.3. By completing and validating the entry in the Algarve Granfondo Cofidis, participants declare that they fully understand and accept this regulation, and renounce to any legal procedure against the organization due to their participation in the race.

13.4. The Race Jury will be composed by five members of the organization who will decide on which sanctions to apply and other matters related to the race not included in this regulation or about misunderstandings arising from this regulation.